

Join your neighbors in becoming a healthier community by participating in **LA CENTER'S WEIGHT LOSS CHALLENGE**



**916 POUNDS LOST**

**COME BE A PART OF THE CITY WIDE CHALLENGE YOU WILL RECEIVE PERSONAL COACHING, BODY ANALYSIS, MEAL PLANNING IDEAS, GROUP SUPPORT AND MUCH MORE!**

**COMMUNITY INVOLVEMENT**

**50% OF THE REGISTRATION FEES WILL GO TO LCEF**



**LOSE WEIGHT & WIN MONEY\$\$\$**

**50% OF THE REGISTRATION FEES WILL GO TO THE TOP 3 WINNERS!!**

**\$35 FOR THE 12 WEEK CLASS  
CLASSES STARTING FEBRUARY 8 & 12  
TUESDAY EVENINGS 6:00PM OR  
SATURDAY MORNINGS 9:30AM  
AT THE COMMUNITY CENTER**

**To register call Pam @360-369-4736 or**

**[www.ci.lacenter.wa.us](http://www.ci.lacenter.wa.us)**